



breakfast

SATURDAY + SUNDAY
FROM 9AM-2:30PM

ALL BREAKFAST ITEMS CAN BE MADE GLUTEN FREE.
PLEASE SPEAK TO STAFF

EGGS FOR YOU • V	12.0
toasted Turkish bread + 2 eggs*	
BACON & EGGS	14.0
toasted Turkish bread, smoky bacon + 2 eggs*	
LOADED BREKKY	21.0
toasted Turkish bread, smoky bacon, cheese kransky, baked beans, hash brown, blistered cherry tomatoes, truffled Swiss browns + 2 eggs*	
<i>*your choice of poached, fried or scrambled eggs</i>	
CHICKEN BURRITO BOWL	18.0
toasted Mexican rice, spiced chicken breast, red onion, tomato, capsicum, cucumber, bean shoots, black beans, corn + smashed avocado	
VEGGIE BOWL • V	14.0
quinoa, sautéed greens, truffles mushrooms, roasted sweet potato, blistered cherry tomatoes, pickled cabbage + seeds	
ADD EGG + 2.0 ADD TOFU + 6.0 ADD CHICKEN + 8.0	
SMASHED AVOCADO & HALOUMI • V	16.5
toasted Turkish bread, smashed avocado, tomato, grilled haloumi + salad herbs	
OMEGA EGGS	18.0
toasted Turkish bread, poached egg, smoked Tasmanian salmon, cherry tomatoes, sautéed kale + feta	
BREAKFAST BUN	12.0
smoky bacon, fried egg, lettuce, cheese + smoked tomato chutney	

DESIGNER BREAKFAST

Bacon	3.0	Smoked Tasmanian salmon	6.0
Eggs poached or fried	2.0	Smashed avocado	3.0
Baked beans	4.0	Grilled haloumi 1 piece	3.5
Hash brown	1.5	DON'T FORGET TO ADD SOME BREAD	
Cheese kransky	6.0	Turkish toast 1 piece	2.0
Wilted greens mix	3.0	Gluten free toast 1 piece	2.5
Roasted Swiss brown mushrooms	4.0		

V VEGETARIAN

A surcharge of 10% applies on public holidays



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t bar tea

MUG FOR ONE 4.0 • POT FOR TWO 7.9

English breakfast, earl grey with blue flower, chai tea, fruit melange, peppermint, green tea, white tea, chamomile

coffee

SMALL 3.8 • LARGE 4.5

cappuccino, flat white, latte, long black, macchiato, short black

CHAI LATTE 4.6

MILK OPTIONS:

full cream, skim, soy, almond or lactose free

juice

SMALL 4.2 | LARGE 6.1

orange, apple, cranberry, tomato or blood orange

\$10 cocktails

SUNDAYS 3PM - 5PM

brekky cocktails

ESPRESSO MARTINI	15.5
a classic adored by many, vanilla vodka, Tia Maria, Kahlua + espresso fused together	
BLOOD ORANGE MARGARITA	15.0
a sure way to get the day started, a combination of Jose Cuervo, Grand Marnier, lime + blood orange juice	
BLOODY MARY	14.5
a refreshing pick me up of vitamin packed tomato juice, pepper vodka + the usual suspects; spicy Tabasco, worcestershire sauce, salt + cracked pepper, finished with a crisp stick of celery	
VIRGIN MARY	8.0
a bloody mary minus the pepper vodka	

freshly squeezed juice all 8.5

WATERMELON, PINEAPPLE,
ORANGE + MINT

BEETROOT, CARROT,
CELERY + APPLE

CARROT, APPLE, CELERY + GINGER

ORANGE, PINEAPPLE + CARROT

GRAPEFRUIT, APPLE + CARROT

PLEASE PLACE YOUR ORDER AT THE BAR

  #THECOLONISTNORWOOD

Our food may contain nuts + other products. Gluten free dishes may contain traces of gluten transferred from cooking utensils. Please speak to our staff if you have any concerns or need to make us aware of your specific dietary needs.

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